

DAY 15

How Do I Start?



Welcome to **day 15** of our 21 days of prayer and fasting! Today I want to encourage you to slow down. The book of Psalms is a respite for our souls and a place to let scripture speak on our behalf. It has been said, “no prayer can be prayed that hasn’t already been prayed in the book of Psalms.” Have you ever tried that? Have you ever a prayed a Psalm back to God? Try it! The readings today are some of the most familiar highlights of Psalms. You will find many of the same themes we have seen in our survey of the Old Testament. God’s love. God’s provision. God’s sovereignty. The importance of obedience. The value of a Kingdom perspective. All of these things should be familiar to us as a church family. Psalm 119 is an acrostic poem where each section begins with a letter of the Hebrew alphabet. Verses 33-40, or the “He” section, are my life verses. I pray them regularly. Read today’s prescribed passages and then read a Psalm that is meaningful to you. If you don’t have a favorite Psalm, read a few and see if you find one that speaks to you. When we were facing the challenges of fostering and adopting Jojo, I lived in Psalm 40. There was a time when the courts were considering moving Jojo to another family. Psalm 40 reads, “I have told everyone in the great assembly of your unfailing love and faithfulness. Lord, don’t hold back your tender mercies from me. Let your unfailing love and faithfulness always protect me.” And He did! I love Psalms!

Things to pray about today:

1. God, use the book of Psalms to teach us to pray.
2. Lord, let us rest in Your Word today.
3. Speak to us through Your Word as we seek You as a church family.

Today’s Reading - Psalms 1, 23, 91, 119

Read the passage for today and write down anything that stood out to you. God primarily speaks through His word, so, if something “jumped off the page” that was probably God revealing something to you or to our church family. Write it down!

Pray

Write out your prayer. Or at least the main points. I like to do this section in a different color.

Listen

Take time to listen to what God is saying to you. Check your understanding against the truth of His word. He will never tell you something that contradicts His word. Be sure to listen throughout the day even after you leave the sanctuary. As He speaks, write it down! I like to use a third color for this part

Date: _____

What's on my mind?

Prayer

Today's Scripture

Listen