



21 DAYS

— OF PRAYER —
AND FASTING

DAY 1

How Do I Start?

Welcome to **day 1** of our 21 days of prayer and fasting! Use the prayer journal on the back of this page as a guide to begin your time with God. I'm sure you came here today with a lot on your mind. Use the first section of the prayer journal to "empty your mind." 1 Peter 5:7 tells us to "cast our cares" before the Lord because He cares for us. If this is your first time doing this exercise don't be surprised if it takes a long time. Don't worry. It won't take so long tomorrow. In addition to your individual concerns, please allow me to give you a few things to pray about as a member of our church family. Remember we are **seeking the Lord together** as we **work together** to rebuild and relaunch His church.

Things to pray about today:

1. Lord, reveal where I have acted "like God" and rebelled against you.
2. Prepare us, as a church, to move when you move and help us not to get ahead of your leadership.
3. Help us as we Regroup. Call out leaders, volunteers, committee members, and staff. Give us courage to answer your call.

Today's Reading - Genesis 1:1 - 3:19

Read the passage for today and write down anything that stood out to you. God primarily speaks through His word, so, if something "jumped off the page" that was probably God revealing something to you or to our church family. Write it down!

Pray

Write out your prayer. Or at least the main points. I like to do this section in a different color.

Listen

Take time to listen to what God is saying to you. Check your understanding against the truth of His word. He will never tell you something that contradicts His word. Be sure to listen throughout the day even after you leave the sanctuary. As He speaks, write it down! I like to use a third color for this part.

Date: _____

What's on my mind?

Prayer

Today's Scripture

Listen